

# 5 TIPS FOR SPRING CLEANING

1

## CREATE A PLAN

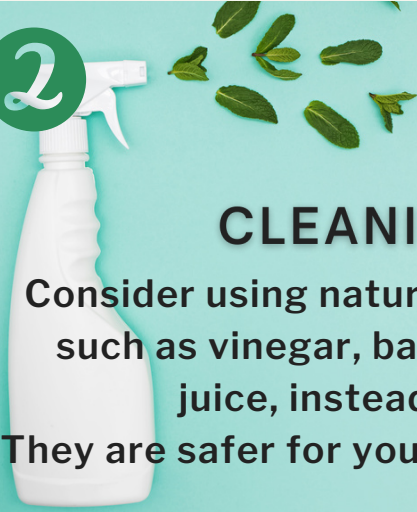
Before you start cleaning, make a list of the areas you want to tackle and the tasks that need to be completed. This will help you stay organized and focused during the cleaning process.



2

## USE NATURAL CLEANING PRODUCTS

Consider using natural cleaning products, such as vinegar, baking soda, and lemon juice, instead of harsh chemicals. They are safer for you, your family, and the environment.



3

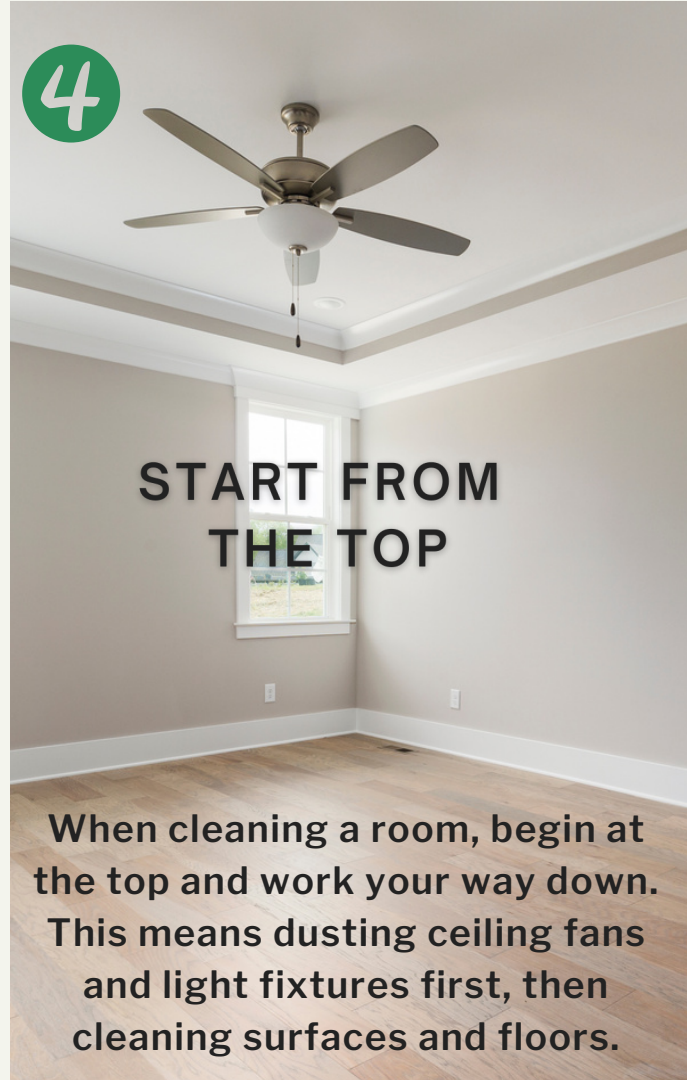
## DON'T FORGET THE DETAILS

Pay attention to the little details, such as baseboards, light fixtures, and window sills. These areas can often be overlooked, but can make a big difference in the overall appearance of your home.

4

## START FROM THE TOP

When cleaning a room, begin at the top and work your way down. This means dusting ceiling fans and light fixtures first, then cleaning surfaces and floors.



5

## TAKE A BREAK

Spring cleaning can be a lot of work, so make sure to take breaks as needed. Stay hydrated and take care of yourself throughout the process to make sure you don't get burnt out.



# spring cleaning kitchen

## checklist

### Pantry

- ☐ Remove all items
- ☐ Sort items: throw out expired items, set aside items to donate
- ☐ Place any open items into airtight containers
- ☐ Separate items into groups and place in baskets or zones
- ☐ Wipe down pantry shelves, organizers and containers
- ☐ Replace any torn or stained shelf liners
- ☐ Place items back into pantry and create zones: snacks, baking, canned items, etc..

### Cabinets

- ☐ Pull everything out
- ☐ Sort through item for trash or donations
- ☐ Clean inside of cabinets and any organizers with vinegar and hot water
- ☐ Replace any torn or stained shelf liners
- ☐ Organize and place items back neatly
- ☐ Wipe down knobs & entire exterior of cabinets

### Sink & Dishwasher

- ☐ Freshen the disposal with a half a lemon and vinegar
- ☐ Scrub the sink, strainer & drain area, knobs and faucet
- ☐ Run a sanitizing cycle in the dishwasher with mixture of 1 cup of vinegar & 1 cup of baking soda
- ☐ Wipe down the outside of the dishwasher

### Countertops

- ☐ Clear off & clean countertops
- ☐ Sort through any items for the trash or to donate
- ☐ Store any open food items in containers

### Fridge & Freezer

- ☐ Follow our guide to deep cleaning your fridge and freezer

### Oven & Stovetop

- ☐ Self-clean oven or remove racks to clean
- ☐ Wipe down the interior and oven door
- ☐ Thoroughly clean the stovetop and grates
- ☐ Wipe down the front & top of the oven and any knobs or buttons
- ☐ Clean range hood
- ☐ Change filter

### Drawers

- ☐ Remove all items
- ☐ Sort items: throw out broken items, set aside items to donate
- ☐ Wipe down inside of drawers & organizers with hot water and vinegar
- ☐ Wipe down drawer fronts and knobs
- ☐ Replace any torn or stained shelf liners
- ☐ Organize and place items back neatly

### Other Tasks

- ☐ Wash any dirty washcloth or kitchen towels
- ☐ Replace old sponges, scrubbing pads or brushes
- ☐ Wipe down baseboards, light switches, table, stools and chairs
- ☐ Vacuum/sweep floors and mops



# SPRING CLEANING

## checklist



### The Ultimate Guide to a Tidier Home

#### LIVING ROOM

- ☐ Vacuum Furniture
- ☐ Wash Throws and Pillows
- ☐ Dust Furniture and Electronics
- ☐ Clean Windows
- ☐ Clean Light Fixtures
- ☐ Wash Baseboards and Walls
- ☐ Wash or Vacuum Floor

#### LAUNDRY ROOM

- ☐ Clean Washing Machine
- ☐ Clean Dryer
- ☐ Organize Laundry Supplies
- ☐ Clean Windows
- ☐ Clean Light Fixtures
- ☐ Wash Baseboards and Walls
- ☐ Wash Floor

#### FAMILY ROOM

- ☐ Vacuum Furniture
- ☐ Wash Throws and Pillows
- ☐ Dust Furniture and Electronics
- ☐ Clean Windows
- ☐ Clean Light Fixtures
- ☐ Wash Baseboards and Walls
- ☐ Wash or Vacuum Floor

#### OTHER TASKS

- ☐ Check Smoke Detectors
- ☐ Dust Entry Tables
- ☐ Wash Foyer Windows
- ☐ Clean Sliding Doors
- ☐ Deep Clean Area Rugs
- ☐ Clean Under Large Items
- ☐ Dust All Light Fixtures
- ☐ Polish Wood Furniture
- ☐ Clean Upholstered Furniture
- ☐ Dust Computers and Printers
- ☐ Clean and Organize Linen Closet

#### BEDROOMS

- ☐ Dust Dressers
- ☐ Clean and Organize Closet
- ☐ Flip Mattress
- ☐ Clean Windows
- ☐ Clean Light Fixtures
- ☐ Wash Baseboards and Walls
- ☐ Vacuum Floor

#### EXTERIOR

- ☐ Power Wash
- ☐ Clean Gutters
- ☐ Wash Outdoor Furniture
- ☐ Repair Tools

#### BATHROOMS

- ☐ Clean Bathtub
- ☐ Clean Sink
- ☐ Clean Toilet
- ☐ Clean Vanity
- ☐ Replace Shower Curtain Liner
- ☐ Clean Windows
- ☐ Clean Light Fixtures
- ☐ Wash Baseboards, Wall, and Floor

